



## G.R.A.C.E. SPIRITUAL HEALTH ASSESSMENT

Doesn't  
describe  
me      Partially  
describes  
me      Generally  
describes  
me

### GROWING WITH GOD'S WORD

I have a regular time, place, and plan for meeting with God, reading the Bible, and praying (spiritual habits) .....	1	2	3	4	5
I allow God's Word to guide my thoughts and change my actions.....	1	2	3	4	5
I am experiencing more of the characteristics of Jesus Christ (love, joy, peace, patience, kindness, self-control, etc.) in my life .....	1	2	3	4	5
I am avoiding addictive behaviors (food, television, busyness, etc.) to meet my needs.....	1	2	3	4	5
I am regularly memorizing Scripture .....	1	2	3	4	5
I find I am making better choices to do what is right when I am tempted to do wrong.....	1	2	3	4	5
I find that prayer has changed how I view and interact with the world .....	1	2	3	4	5
I am consistent in pursuing habits that are helping me model my life after Jesus .....	1	2	3	4	5

DISCIPLESHIP Total \_\_\_\_\_

### RELATIONSHIPS WITH GOD'S FAMILY

I gather regularly with a small group of Christians for fellowship and accountability .....	1	2	3	4	5
I have an easy time receiving advice, encouragement and correction from others .....	1	2	3	4	5
There is nothing (ex. conflict, unforgiveness) in my relationships that is currently unresolved ...	1	2	3	4	5
I am spending time with a Christian friend (spiritual partner) who celebrates and challenges my spiritual growth .....	1	2	3	4	5
There is nothing in the way I talk or act concerning others that I would not be willing to share with them in person .....	1	2	3	4	5
I regularly use my time and resources to care for the needs of others in the church.....	1	2	3	4	5
I am currently mentoring (speaking into the life) of at least one other believer .....	1	2	3	4	5
I am currently being discipled (spiritually guided, advised) by at least one other believer .....	1	2	3	4	5

FELLOWSHIP Total \_\_\_\_\_

### AUTHENTIC WORSHIP

How I live my life shows that God is my highest priority .....	1	2	3	4	5
There is nothing in my life (decisions, health, finances, relationships, future, etc.) that I have not surrendered to God .....	1	2	3	4	5
I am faithfully attending my small group and weekend services to worship God .....	1	2	3	4	5
I have a deep desire to spend time in God's presence .....	1	2	3	4	5
I respond quickly and entirely to promptings by the Holy Spirit .....	1	2	3	4	5
I am the same person in private that I am in public .....	1	2	3	4	5
I am always including God in my everyday activities .....	1	2	3	4	5
I have an overwhelming sense of God's awesomeness even when I do not feel His presence ....	1	2	3	4	5

WORSHIP Total \_\_\_\_\_



Doesn't describe me    Partially describes me    Generally describes me

### COMPASSION FOR THE WORLD

I regularly pray for those who don't know Christ .....	1	2	3	4	5
I am cultivating relationships with non-Christians and praying for God to give me natural opportunities to share his love .....	1	2	3	4	5
I am confident in my ability to share my faith .....	1	2	3	4	5
I am regularly inviting unchurched or unconnected friends to my church or small group .....	1	2	3	4	5
I am praying and learning about where God can use me and our group cross-culturally for missions .....	1	2	3	4	5
My heart is full of passion to share the good news of the gospel with those who have never heard it .....	1	2	3	4	5
I find that my relationship with Jesus comes up frequently in my conversations with those who don't know him .....	1	2	3	4	5
I am open to going anywhere in the world God calls me, in whatever capacity, to share my faith	1	2	3	4	5

EVANGELISM Total \_\_\_\_\_

### EVERY PERSON PARTICIPATING

I often think about ways to use my natural born talents to please God. ....	1	2	3	4	5
I regularly use my time to serve God .....	1	2	3	4	5
I enjoy meeting the needs of others without expecting anything in return. ....	1	2	3	4	5
I see my painful experiences as opportunities to minister to others. ....	1	2	3	4	5
Those closest to me would say my life is a reflection of generous giving more than receiving ..	1	2	3	4	5
I am currently serving God in areas that I am passionate about .....	1	2	3	4	5
I have a role and share responsibility in my small group .....	1	2	3	4	5
A review of how I use my finances shows that I think more about God and others than I do about myself .....	1	2	3	4	5
I have a good handle on what my spiritual gifts are and I am using them regularly. ....	1	2	3	4	5

MINISTRY Total \_\_\_\_\_

Total you scores for each area of spiritual growth. Specifically choose one area in which you would like to make progress over the next sixty days. Share your score and your goals with at least one spiritual partner. Re-evaluate your progress within six months.